# GOOBS

# POSITIVE AFFIRMATION CARDS

### Message from Shaman Isabella

We all have stories; they make us who we are. What is important is to not be victimized by your story and to not let it control you. Let go and enjoy the moment. Release the story and trust in the divine. You have control over your mind. It is the one true thing you have control over. Create beautiful, kind, loving thoughts daily, and watch your life change.

As Dr. Wayne Dyer always said... Change your thinking - Change your life.

# **Using The Good Vibes Deck in Your Life**

Begin your journey with the Good Vibes deck by holding it on your heart. Connect with your higher self, the part of you free from judgments. Ask for a clear message to guide your day. Intentionally shuffle the deck and draw one card. Observe the design and feel the energy it emits. Now, set the card upright in front of you and read

the accompanying message in the guidebook. Reflect on the insights provided. Follow the steps outlined for the selected card. Stay open to insights or feelings that may arise during the process. Maintain a journal to track your experiences and growth. Journaling is a wonderful way to let go of all that no longer serves you.

Thank you so much for a powerful evening with the Good Vibes card deck

- DR. JEREMY BROOK, DC. , FOUNDER OF THE LIFE CENTER CHIROPRACTIC

### **Benefits of this Oracle Deck**

The Good Vibes deck is an opportunity for self-reflection, inspiration, and guidance. They can be used for personal growth and direction. The cards are extremely intuitive. Using these cards is like having a personal mentor. This healing deck, with 33-page guidebook, is different from other oracle decks. Each time a card is pulled the shadows move and the light becomes clearer.

As a society, there is a feeling of instability and chaos. The world does not seem to know which way to turn. Perhaps it feels like an upheaval of sorts. But as a whole humanity is becoming more conscious of what is no longer working. This is a new era, and this new era brings with it a new human, a human who is confident, self-assured, and ready to take on whatever comes. People are waking up, and the Good Vibes deck is assisting the collective manage the new energy that is emerging.

Many still struggle with life in a variety of ways. Some cannot

overcome their tumultuous pasts while others feel unfulfilled by their careers or lives. Awareness is half the battle in changing any behavior. Since it is easier to create a negative thought than a positive one, it is imperative to change the narrative and the cards help make this possible.

If you struggle to receive any insights initially, persist in your practice. Trust the feelings and thoughts that emerge - this is a journey of self-love, self-care, and tuning into your inner wisdom and intuition. Consider this as an opportunity to retrain the brain and your mind's patterns. Be gentle and approach the process with the tenderness you would offer a newborn. The world is filled with magic waiting to be discovered. Once you decide to enhance your

life, and embrace the journey ahead, nothing will stand in your way.

### **Awaken the Creator Within**

Additionally, the Good Vibes deck gave birth to a companion course called Awaken the Creator Within. Shaman Isabella uses the Good Vibes deck as a guide, along with journaling, meditation and energy techniques to create a unique, one-of-a-kind journey with the power to change the current narrative so you may embrace a new one.

Here is a sample of the Good Vibes cards that are used in Awaken the Creator Within course:

## "Treat yourself like your own best friend"

In this lesson you'll work on tuning into your inner child and improving the conversations that you are having with yourself. Your vibe matters. Vibration is the key to manifestation. You are but one vibratory note in the universe. So, ask yourself: what frequency do I wish to vibrate at?

# "Be grateful in every moment"

This is one of Shaman Isabella's favorite Good Vibes cards. She loves how gratitude expands your awareness and your consciousness. When you are in gratitude, each moment, those fearbased thoughts or the problems of the day just fade away. They can't get you down. When you get into gratitude, you can raise the vibration in any room. Did you know raising your vibration affects the entire planet? It might not seem like that's possible. But it does. Your one vibration can make such a difference. In your household, with your children, with your spouse, parents. Wherever you are in life. High vibes can absolutely change anything.

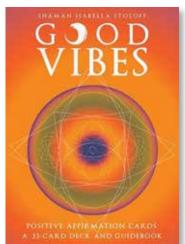
This profound and colorful oracle deck was developed by Shaman Isabella and her youngest daughter Victoria Craven. Shaman Isabella channeled powerful messages from her original wisdom teachings with clients. Then, while they were traveling in 2015, Victoria made the high vibrational wheels of color that are infused into each of the 33 cards.

### Bio of Shaman Isabella

For over 20 years Shaman Isabella has guided people on a path toward mindfulness and self-love. What makes her energy healing

sessions so powerful is her ability to move old, stagnant energy while helping her clients see their worth. Isabella teaches self-empowerment through positive thought and action. After all, wherever thought goes, energy follows. With the wisdom of shamanism, her transformative spiritual retreats help you connect with yourself, your environment, and Mother Earth. Find inner peace and mental clarity in her live workshops, or pre-recorded energy healings and ceremonies. Shaman Isabella feels incredibly grateful to be alive at this time of immense spiritual awakening. Her message to everyone is direct and powerful: "Awaken to the light that lives within, so you may become the shaman in your own life."

Learn more about Shaman Isabella and her offerings here <u>shamanisabella.com</u>, TikTok @shamanisabella, or IG @theshamanshop. Release your mind and raise your vibration daily with Good Vibes!



GOOD VIBES POSITIVE AFFIRMATION CARDS (33 cards & guidebook, boxed)

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